

# SPORT NUMERACY

## PLAY, COLLABORATE, LEARN

### What is it?

This intervention focuses solely on the 'Number' strand of the national curriculum with a range of colour coded session plans for Years 1 – 6 with accompanying question sheets. Our aim is to boost engagement, enjoyment and attainment through fast paced Active Learning sessions. Being physically active during a maths intervention or club helps children retain information better AND provides additional exercise that builds upon the 2 hours of PE they already receive in a week.

### Why Active Learning?

*The importance of exercise and activity is a significant feature in making us happy; when we are happy we're more acceptable to learn – so why are a lot of learning activities within schools very sedentary?*

**(UKEdchat 2014)**



**Play** – Children love to play! They are encouraged to enjoy their experience in a range of games either as an individual or as a team.

**Collaborate** - With an emphasis on collaboration, our sessions provide endless opportunity for children to work with their peers in devising answers and solutions to questions.

**Learn** - Active learning helps children retain information better, leading towards increased attainment and achievement.

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## SPORTING INFLUENCE

Improving Social Skills Through Sport

