



Balloon Games



Five Finger Balloon

Starting with the thumb you must keep the balloon in the air using only one finger. Once you have mastered it with one finger, move to the next.

Make it harder by keeping the balloon up using alternating fingers e.g. thumb, index, middle, ring, little.



Body Balloon

A friend will give you a pattern that you must follow.

E.g. Hand, head, knee, head, foot.

You should attempt to keep the balloon up in the air, using these body parts - one touch each.



Learner - 3 body parts

Advance - 5 body parts

Pro - 10 body parts.

Risky Drop

You must hit the balloon up in the air, every time you hit you should count. When you get to a number in the 5 times table, you should let the balloon drop as low to the floor as you dare before hitting it back up!

You can change the times table to any times table!



Volley Ball-oon

Set up against a friend, each of you one side of *net* (This can be a sofa, table, ladders, fence).

You're going to play a simple game of volleyball but, you can change the rules.

Only move by: hopping/rolling/skipping/jumping

Before you hit the balloon you must: clap/spin/lay down/roll.

