

Sock Wars





Sock Wars is a great game when you're stuck indoors, but please make sure adults know you're playing and you have moved anything that can be broken.

Each child should build a fort using cushions. They should then design and draw three targets each on pieces of paper. These could be: knights, prince/princess, archers, jesters, horses.

Once the targets have been designed, they should be placed behind their respective forts. Using one ball of rolled up socks the children should take it in turns to throw the socks over their opponents fort and hit a target.

If a target is hit, they should be removed from the game by taking them out of the fort. Once all the targets have been hit, the aim is to hit the King/Queen (child) in their fort.

All throws should be underarm and targets cannot move once the opponent has the socks.



SPORTING INFLUENCE Improving social skills through sport