

The Sock Box Challenge

Level 1 - Agility Square

- You need 4 items, for example: a box, a bag, a bowl and a basket
- You need to stand in the middle of the square (made from the items)
- When an item is called out you need to touch the item and return to the middle
- You need to stay light on your feet ready to move
- You need to be quick but also balanced (be careful not to slip)

Level 2 - Item Gathering

- With the same set up as Level 1, you must now have socks scattered around the floor.
- You need to collect an item and put it into the place called out by the adult i.e. basket.

Level 3 - Socks Collection

- When a basket, bowl, bag or box is called out you need to find a matching pair of socks and put them in the right place
- Remember stay light on your toes be quick but keep your balance
- Be careful not to slip on the socks.

Level 4 - The Sock Box Challenge

- You will need between five and ten pairs of socks scattered around the room.
- You will need a timer and somebody to say go!
- Your challenge is to pair of this socks as quick as possible and throw the socks into the basket.

Who will be the quickest in your house?