

SPORTING INFLUENCE

Improving Social Skills Through Sport



KS1 Themed PE lessons

Free taster session for interested schools

In line with the
national curriculum
each lesson ...

Agility



Knights & Castles

Ball skills



Pirates

Balance



Frozen

Coordination



Circus

Develops teamwork

Masters basic movement

...through story

Core stability



Superheroes & Villains

Movement



Underwater
adventure

"A journey through stories to uncover their potential"