

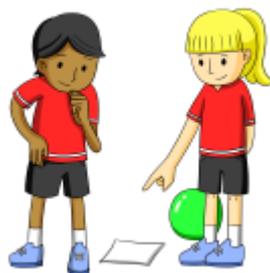
SPORTING INFLUENCE

Improving social skills through sport

SPORTING INFLUENCE CAMPS

ENTRUSTING YOUR CHILDREN INTO OUR CAMPS

PARENTS' GUIDE



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Welcome

Thank you for booking your child onto our Sporting Influence Camp. This guide will give you an initial insight into our camps, what your child will be doing and what they need to bring with them.

If you need any further assistance please do not hesitate to contact Sporting Influence using the contact details on Page 4.

Core Values

Building social skills through sport

Our FIVE core social skills that we bring into all aspects of our camp are:-

Body Language

Communication

Determination

Encouragement

Respect

Building Self Esteem

We believe that the sporting environment is the ideal place for children to develop key social skills. Our camp in particular, allows children from different backgrounds to mix and develop friendships. We set up fun games to allow these friendships to develop throughout the days and reward children who try to show our core values and who are good friends to other children at camp.



Contact Details

Telephone

Camp Phone - 07517973417
Office (Not in use during camp time) - 01423 522999

Emergency

David Moss - 07748197608

Email

Main

sportinginfluence.camps@gmail.com

Emergency

Dan McTernan

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Eleanor Beaumont

ebeaumont.sportinginfluence@gmail.com



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Drop Off & Pick Up

Early Drop Off

8:00am - 9:00am

(+£3 extra charge)

Standard Drop Off

9:00am - 9:30am

Standard Pick Up

3:30pm

Late Pick Up

3:30pm - 5:30pm

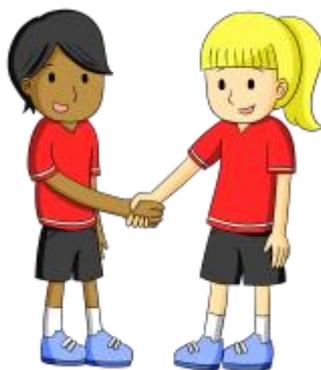
(+£6 extra charge)

Children need to be signed into the camp on their arrival, and signed out when being picked up. If any children are being picked up by someone different to whom has dropped them off, or is not a parent/guardian, please ensure you make a member of staff aware when dropping your child off. If we are not informed we will ring the parent/guardian to double check before releasing the child. Please don't take offence, we have the best interest of the child in mind at all times.

The camp will be kept as secure as possible to stop the potential of a member of the public walking in. If you need to collect your son/daughter early or will be dropping them off late, please make us aware as soon as possible.

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Example Day

8:00 - 8:45	Board Games & Puzzles
8:45 - 9:30	Active Games
9:30	Welcome to Camp
9:35 - 10:15	Team Games (Everyone takes part)
10:15 - 11:00	First choice of activities
11:05 - 11:15	Snack
11:15 - 12:05	Second choice of activities
12:05 - 13:00	Lunch
13:00 - 13:50	Third choice of activities
13:50 - 14:40	Fourth choice of activities
14:40 - 15:20	Team Games (Everyone takes part)
15:20 - 15:30	End of Camp Presentation
15:30	First Pick Up
15:30 - 16:30	Active Games
16:30 - 17:30	Classroom Games

Water

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Each child should bring their own water bottle to ensure they can keep hydrated throughout the day,. There are stations where water bottles can be refilled. Sporting Influence have regular water breaks as we are an active camp, we actively encourage children to drink plenty of water.

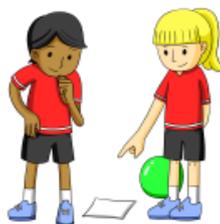
Meals & Snacks

Children should bring with them:

- A snack for mid morning.
- Packed lunch (inc a drink).

If a camper is staying for a late pick up, it may be an idea to bring an afternoon snack too!

Sporting Influence are a NUT FREE camp. Please ensure that you adhere to this with the food that is given for snack and lunch.



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Special Activities

Activities

During the camp you can expect your child to participate in activities such as:

Arts & Crafts

Athletics

Board Games

Capture the Flag (Camp favourite)

Cricket

Cross Over (Camp favourite)

Dodgeball

Football

Hula Hut Throwdown (Camp favourite)

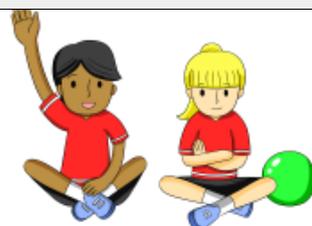
Netball

Rounders

Swimming

Team Games

Tennis



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Water Fight Wednesday

Every Wednesday throughout the year we hold water fight Wednesday. Children may bring water guns with them to camp. In the warmer holidays the water fight is outside, children must bring with them a change of clothes and a towel. When the water fight is in the swimming pool children must ensure they have swimming kit and towel.

Outside Water Fight

October Half Term, Easter Holidays, May Half Term, Summer Holidays.

In The Pool Water Fight

Christmas Holidays, February Half Term.

.....Football Friday.....

Football Friday is held at every camp and is a football specific day for those children that really want to brush up their skills and set their sights on being the next Messi or Ronaldo. Football Friday runs alongside our normal camp activities. This means that you can still attend camp as normal on a Friday if you don't want to play football.



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DVD Hour

We have a selection of Children's DVD'S and will make sure that they are relevant to the age of the children watching them. A number of parents have requested this chill out hour during the day especially for some of the younger children with us for a long day. If you specifically do not want your child to have the 1 hour of DVD time please let staff know this when booking your place or at drop off. No child will be able to have more than 1 hour in any one day.

Swimming

We offer a swimming session for Key Stage 1 and one for Key Stage 2/3 separately every day.

For both sessions we have a member of staff in the water with the children, a lifeguard on the side of the pool and then depending on numbers we staff the pool further if needed.

The changing rooms are located at pool side so all the children will get changed by the pool.

Every child does a swimming test at the start of a lesson and then a record is kept of the child's level so that we can keep a record of each child. If children are weak swimmers we advise arm bands so they can join in the fun swim session really well. Older children who are weak swimmers will be asked to have a woggle or float while they are in the pool.



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Weather

The weather can be very varied in the beautiful county of Yorkshire. Please ensure that you send your child in with the correct clothing for the weather.

We are very lucky that we have good indoor facilities so if the weather gets too cold and wet or too hot we can stay inside.

However, we do try to be outside when we can, so therefore it is important that in the winter months you send your child in with a coat and if it is forecast rain that they have a rain coat.

Clothing

It would be extremely helpful if you could write a name in any coats, jumpers and any other items that might be taken off so that we can reunite the children with their items more easily.

The children will be active during their time at Sporting Influence Camp so we advise the children to wear active wear and layer up. That way they can adapt to the different indoor and outdoor environments we are in.

If your child wishes to take part in any football sessions outside please send your child to camp with shin pads, football boots, a change of tracksuit bottoms and socks. We do like to try and have at least one football session on the field.



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Suncream

In the unlikely event that we have a warm sunny day please ensure that your child attends camp with suncream on and brings more to be applied throughout the day. We can guide your children how to apply suncream, but it is important that they are able to apply suncream themselves.

Injury & Illness

If your child obtains an injury during camp you will be informed of this on pick up unless we deem it serious and therefore we will call you during the day.

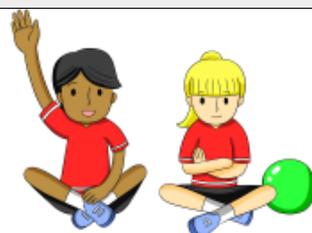
If your child is sick during camp hours you will be called to pick them up and they will not be able to attend camp for 48 hours. If your child is booked in for days they cannot attend due to sickness they cannot be refunded but you may re-arrange their attendance for another time.

If your child has any injuries or illness prior to attending camp but are well enough to attend camp then please inform staff on your arrival so that we can be sure to watch out further for your child that way and give them any extra care they need.

Medication

If your child is on regular medication and needs to take this during camp hours it is vital that you inform staff of this and we will come to the decision of a plan of action depending on the medication needed.

Please ensure that if your child has any medical information that we need to know that you inform staff.



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Expectations of Children

Our camp is a fun and friendly environment which we pride ourselves on, it is important that all children adhere to the rules of the camp and treat the people at camp and the facilities with respect.

We encourage the children to take responsibility for their belongings and treat these with respect.

If we believe that any child is not reaching the expectations of the environment we will speak to the child and if they continue that will be something we wish to speak to their parent/guardian.

